### Services Provided

#### Youth Services

TCY provides therapy for children and adolescents (birth to 18 years) and their families. Outpatient treatment is provided in the office or participating school setting. Treatment includes assessment, family, individual, and group therapies, psychiatric evaluations, and medication monitoring.

**School-Based Programs**
- Our services foster trusting relationships with and among troubled youths, parents, caregivers, school and community to get participating students back on track toward academic success and healthy development. The Student Assistance Program (SAP) provides consultation, student screenings and referrals. Other school-based programs include educational support and drug & alcohol intervention groups.
- Summer activity programs offered.

#### Adult Mental Health

Community Residential Services
- This service supports adults with mental health needs to live as independently as possible through training and assistance with community living skills. Services range from homes with 24-hour staff support to independent living with supported housing services.

Decision Support Center (DSC)
- The Shared Decision Making Center is a peer-run mental health service that serves as the entry point for TCY's extended state of the art medical assessment and intervention services.

Diversity & Acute Stabilization
- This service is a short-term structured residential care along with mental health treatment as an alternative to inpatient hospitalization. Staff support, collaboration with daily living activities, medication, and health needs lead to timely discharge.

Employment Services
- This service helps individuals choose, get and keep desirable jobs in the community. The Goals and Needs Two-Point inventory guides coaching and follow-up services.

Mobile Medication Team
- This service enables consumers to gain skills to manage their prescribed medications through ongoing education and counseling.

Partial Hospitalization
- This service is intensive psychiatric and dual recovery (mental health and drug and alcohol) treatment. Services include individual counseling and psychoeducation.

Social Rehabilitation
- Social Rehabilitation is a community-oriented consumer-driven program for adults with mental illness.

Service Coordination Unit
- This service is the point of entry into agency services and includes monitoring, linking, advocacy services for consumers, and telephone/mobile crisis services.

#### Drug & Alcohol Services

**Adult Drug and Alcohol Services**
- Drug & Alcohol Services includes outpatient and intensive outpatient, individual and group sessions, psychiatric evaluations, medication management, case management services, and linkages to self-help groups.

**DUI Program**
- This service provides educational intervention, clinical assessment, and referral to treatment.

#### Intellectual Developmental Disabilities

**Adult Training**
- This service provides a wide range of individualized services, including skills training within the area of home management, health maintenance, employment readiness, socialization activities, and emotional support for consumers with dual diagnoses.

**Residential**
- We have 8 residences throughout the community. The residential program assesses individual needs within a variety of areas, such as daily living skills, home management, budgeting, shopping, safety skills, community awareness, and recreation.

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**Agency Memberships**
- Rehabilitation and Community Providers Association
- Mon Valley Providers Council
- United States Psychiatric Rehabilitation Association
- National Council for Community Behavioral Healthcare
- Conference of Allegheny County Providers

**Grants**
- Edith Trees Charitable Trust
- Station Farm Foundation
- Forbes Funds

**United Way Gifts**
- Designate Turtle Creek Valley
  - MH/MR, Inc. (Code #116) as the recipient of your United Way gift.